

School of Theatrical Dance Spring 2021

CLASS	AGE	COURSE	DAY	TIME	INSTRUCTOR	ASSISTANT	UNIFORM (Proper Attire is Mandatory.)
Twinkles + Sparkles Dance Workshop (TSW)	3-5 Years	8-Week Series	M	4:00-4:50PM	Castro	Fouse, McPhail	Pastel Leotard (any style, with/without attached skirt), Pink Tights/Leggings, Pink Ballet Slippers, Tap Shoes.
Mini + Me Yoga (MMY)	3-5 Years & Adult	8-Week Series	M	11:30-12:15PM	Vives	N/A	Suitable Yoga Attire, Bare Feet/Yoga Socks.
Dazzles Ballet + Tap (DZBT)	5-6 Years	JAN-JUN	TU	4:30-5:30PM	Castro / McPhail	Liakakos	Solid Black Leotard (any style, with/without attached skirt), Pink Tights, Pink Ballet Slippers, Tap Shoes.
Petit Ballet + Broadway (PBB)	1st Grade & Up	JAN-JUN	W	4:15-5:15PM	Styles	McPhail	Solid Black Leotard (any style), Pink Footed Tights, Pink Ballet Slippers.
Demi Ballet + Broadway (DBB)	2nd Grade & Up	JAN-JUN	W	5:30-6:30PM	Styles	McPhail	Solid Black Leotard (any style), Pink Footed Tights, Pink Split-Sole Ballet Slippers.
Kids Jazz (J1/2)	3rd Grade & Up	JAN-JUN	TH	4:30-5:30PM	Styles / Carbaugh	N/A	Solid Black Leotard (any style), Black Leggings/Capris/Dance Shorts, Tan Split-Sole Jazz Shoes.
Premier Ballet + Pointe (PBP)	8th Grade & Up	JAN-JUN	TU/TH	6:00-8:10PM	Castro	N/A	Black Leotard (pre-approved styles), "Rose" or "Pink Sugar" Balletpointe Skirt, Pink Convertible Tights, Pink Split-Sole Ballet Slippers, Pointe Shoes.
Teen Jazz (J6/7)	8th Grade & Up	JAN-JUN	W	6:45-8:00PM	Styles	N/A	Leotard (any color/style), Black Leggings/Capris/Dance Shorts, Tan Split-Sole Jazz Shoes.
Teen Modern + Contemporary (M6/7)	8th Grade & Up	JAN-JUN	F (ALT)	5:00-7:00PM	Rouiller	N/A	Leotard (any color/style), Black/Tan Stirrup Tights, Dance Shorts, Half-Slippers.
Vinyasa Yoga (VY)	Teen & Adult	JAN-JUN	M	5:15-6:15PM	Vives	N/A	Suitable Yoga Attire, Bare Feet/Yoga Socks.
Low-Impact Aerobics (LIA)	Teen & Adult	Year-Round	M/W/F	9:00-10:00AM	McLean	N/A	Suitable Workout Attire.
Lunch Break Yoga (LBY)	Teen & Adult	JAN-JUN	TH	12:00-1:00PM	Vives	N/A	Suitable Yoga Attire, Bare Feet/Yoga Socks.